

# Parenting Process for Your Child's Success

A step-by-step process for dealing with simple and challenging parenting topics to build critical life skills and improve your relationship with your child.

STEP

1



GET INPUT

**Getting input** is about purposefully creating an opportunity for your child to engage in a conversation with you. It is about truly hearing and valuing what they are saying. With infants, it's about getting to know and understand your infant's facial expressions, movements, and sounds (including cries).

STEP

2



TEACH

**Teaching** for children and teens is demonstrating how to do a skill successfully. It also conveys the purpose. Teaching equips your child with knowledge and skills. For infants, teaching is about learning and understanding your infant's rhythms, temperaments, and needs.

STEP

3



PRACTICE

**Practice** is about creating opportunities to try what they are learning, to sometimes fail, and to repeat their efforts. Through practice, your child grows their skills.

STEP

4



SUPPORT

**Support** reinforces your child's ability to be successful in growing their skills. Support includes coaching, providing feedback, reteaching, monitoring, following through by applying logical consequences, and reflecting.

STEP

5



RECOGNIZE

**Recognize** includes intentionally acknowledging your child's efforts and successes, no matter how small. Recognizing your child's efforts grows motivation for them to continue to improve.



Learn more by visiting  
[ParentingMercerIsland.org](https://ParentingMercerIsland.org)



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